

## **Executive Summary**

Lead the Way is a six topic best practices model to empower Arizona residents with I/DD to realize their passion for becoming engaged in their community and to mobilize leaders to advocate for and represent the I/DD population within boards, groups & coalitions of interest and need to people among varied disabilities.

With this award SBAAZ will assist participants with soft skills training to ensure socially appropriate interaction within the defined strengths and interests of participants. Lead the Way will draw from course materials used and recommended by I/DD departments and councils nationwide to increase self-advocacy, self-determination and leadership among constituents with I/DD. Participants will be selected based on application criteria to determine interest, commitment level, and appropriate support system. Each participant will attend six sessions of two hours each within a 12 week period and will have contact with the project manager weekly to assist as needed with requirements and transportation. Class sessions will consist of interactive teaching, multi-media, peer led role playing & peer-partner accountability and guided action steps.

SBAAZ anticipates facilitating two sessions of this training within the 12 month funding cycle, enabling initial clients the opportunity to fill a mentor role for incoming participants.

**Collaboration** with organizations known to have strong relationships with adults who are I/DD will assist with promotion of trainings and in post-training placements. These collaborators will be invited to community meetings or consulted individually regarding their participation. SBAAZ maintains relationships with Gompers, Goldensun Community, Ability360, Raising Special Kids, the recently formed local Hydrocephalus Association, the Spinal Cord Injury Association and the Ability Center. Collaborations with organizations serving the general population that are of interest to participants and appear to be under-represented with regard to the I/DD community will be prioritized for involvement.

**Key staffing** to perform this project will be SBAAZ Executive Director, Sharri Runnels, who will assist with project development, interim measures, collaborator relationships, staff oversight, and grant administration. Angela Chaput, SBAAZ Program Assistant, will assist with integration between SBAAZ resources and project needs, community support meetings and project support. Rita Hudgens of Transform University will implement instructional sections of sessions. SBAAZ Contract position for Project Manager will be responsible for recruitment, transportation, client support, training environment, follow up and gathering reporting criteria.

**SBAAZ is requesting \$30,040** from ADDPC to implement Lead the Way- define your passion and impact your community to train and place 40 adults with I/DD in mentoring leadership roles or among boards, groups and coalitions.

# Budget Request Form

## ADDPC-FFY17-SA-010

Contractor Name: Spina Bifida Association of Arizona, Inc

Contractor Address: 1001 E Fairmount Street Address      Phoenix City      AZ State      85014 Zip

Project Name: Lead the Way - define your passion and impact your community

Budget Category	Requested ADDPC Funds	Non-Federal Cash Match	Non-Federal In-Kind Match	Total Program Cost
Personnel/Salaries	9,600.	2,880.		12,480-
Fringe Benefits		1,248		1,248-
Supplies / Operating Expenses	5,500.	960.	1,000.	7,460-
Travel		1,335.		1,335-
Rent or Cost of Space	3,000.		3,000.	6,000-
Contracted Services / Professional Services	12,540.			12,540-
Administrative / Indirect Costs				-
<b>Total Costs</b>	<b>30,640 -</b>	<b>6,423 -</b>	<b>4,000-</b>	<b>41,063-</b>

It is understood that Non-Federal Funds identified in this budget will be used to match only ADDPC Federal Funds, and will not be used to match any other Federal Funds during the period of the ADDPC funded Project.

Additional description and background information shall be included as a budget narrative, including for match. The contractor agrees to submit additional background information to the ADDPC upon request.

**Sharri Runnels**

Name of Certifying Official

**Executive Director**

Title of Certifying Official

602.274.3323

SRunnels@sbaaz.org

Phone

Email

**Applicant's Qualifications Questionnaire**

1) Overview

The mission of the Spina Bifida Association of Arizona (SBAAZ) is to "promote awareness of Spina Bifida and enhance the lives of those affected."

Spina Bifida is the number one permanently disabling birth defect in the United States. Because there are now more adults living with Spina Bifida than children, SBAAZ is increasing services to best meet the needs of this population which is now exceeding the lifespan of their caregivers (parents).

Since receiving its letter of determination from the IRS in March of 1979, the association has performed various roles in the disability community in the state of Arizona. Current involvement is distinguished between Awareness & Prevention, Child & Family Services, and Adult Services.

Most adults with spina bifida experience cognitive delays, compromised executive function and are wheelchair users for all or part of their lives. A large amount of major surgeries take place during school years which exacerbates diminished educational and social development. SBAAZ programs tailored to these individuals contain elements of mental wellness, social skills, self-advocacy, personal responsibility, independence, and community involvement.

In order to best accomplish these objectives SBAAZ relies on collaborations with a wide range of area specialists to attend events and gatherings with the focus group. Annual events and monthly meetings provide opportunities to connect with approximately 350 I/DD adults in Arizona, 150 of which belong to the SBAAZ community.

Attachment: Organizational Chart

2) SBAAZ Successful Deliverables

The Spina Bifida Association of Arizona has a long history of utilizing developed leadership with internal programming. Volunteers that participate in both programs and events are frequently groomed from among the constituents served.

Members have made presentations to their peers, demonstrated their skills, educational and career successes and hobbies, and participated in events to encourage younger members and their families to implement an achievement mindset.

Active members have become leaders in wheelchair sports, participated in community volunteering, employment and continued education after receiving services from SBAAZ.

In 2016 SBAAZ directly provided independence and wellness services and information to over 1,200 family units in Arizona affected by I/DD and recorded 92